



Special Points of Interest:

- June is National Safety Month
- June 2 is National Cancer Survivors Day
- June 10-16 is National Men's Health Week
- June 14 is World Blood Donor Day

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Promoting Information Success ZIPS
For Public Health Professionals working with Kansas Kids
Zero to age 21

2013 Healthy Start Home Visitor of the Year



Health Department as our 2013 Healthy Start Home Visitor of the Year.

Donna began her career as a part-time job but it has turned into a full-time job in the past 20 years. She is very community centered and therefore knows not only her current clients but also multiple generations of their extended family. This generational knowledge helps her to identify where her clients may find extra support that they need. She actively informs local policy makers and enforcers about issues that can affect the health outcomes of the communities, on everything from hazardous areas to possible crimes.

It is my pleasure to recognize Donna Williams, Healthy Start Home Visitor at Cherokee County

Through various resources, she has provided diapers, clothing, furniture, food, firewood, numerous trips to the hospital and countless other items for those in need, not to mention the countless hours. In her role as a Healthy Start Home Visitor, she has become a certified car safety seat technician. She has utilized resources to obtain car seats and portable baby beds. Therefore, our Healthy Start Home Visitor has "gone the extra mile" to help clients navigate the social services, health care and education systems.

The staff at the Cherokee County Health Department felt that if she ever chooses to retire, they will not be able to find a replacement like her. Donna will very likely still be providing education and support "in the grocery store aisles, at the basketball games and anywhere else that she can be found."

Congratulations Donna!

Hearing and Vision Screening Classes Scheduled

Check out the Area Health Education Center (AHEC) website <http://kuahec.kumc.edu/> under Health Care Professionals tab/Hearing and Vision Screening.

For more information on hearing and vision screening classes contact Terri Schmitz at 620-235-4040.

Things to Ponder on Father's Day

Father's Day this year is celebrated on June 16. The following are a compilation of thoughts provided by fathers who continue to contribute to a wealth of information on what it is to be a great father.

A great dad knows the importance of improving his family. He takes the time to think about and actually write down and post important areas in the life of his family where improvement can be made.

A great dad knows the importance

of communicating with his spouse/ex-spouse as the case may be for families. This would seem to be more easily accomplished if he is living with his child's mother.

Communication in families can be difficult even in the best of circumstances. The main take-away is to try and keep everyone on the same page within the family.

Another thing to ponder this Father's Day is a great dad knows what his child needs. One thing

parents soon realize is that their children have different needs.

Parents need to assess what those needs are by age, since children at different ages are in different stages of development. When making goals, for example family travel, it is important to plan according to the developmental needs of your children.

For other great ideas on how to be a great father, visit www.fatherhood.org/fathers.

The Effect of Prematurity on Infant Mortality

The increasing number of premature and other low birth weight babies in the United States surviving long enough to be registered as live births is affecting the infant mortality rate. The growing numbers of these babies make up an increasing proportion of all the babies that die in the first year of life according to findings in a recent study conducted by the University of Alabama Birmingham.

The study authors stated that improvements in the survival of extremely preterm babies may be due to better obstetrical and neonatal care. The authors stated, "(W)hat we did not know before this study was if the increasing proportion of very preterm births (babies born at less than 28 weeks gestation) and very low birth weight (babies weighing less than 3.3 pounds at delivery), particularly

those less than 1.1 pounds, disproportionately affect mortality rates." The findings, based on birth and infant death records between 1983 and 2005, appear in the journal *Pediatrics*.

For more information on this important study, visit www.uab.edu/news/latest/item/3310-prematurity-low-birth-weight-significantly-impact-mortality-rates.

Train Parents on Asthma Basics

Asthma Basics is a 50-minute online learning tool that helps parents learn about asthma. The course is ideal for anyone with asthma, parents, caregivers, friends and family.

Participants learn to:

- Recognize and manage asthma symptoms
- Identify and reduce asthma

triggers

- Understand the value of an Asthma Action Plan
- Respond to a breathing emergency

Asthma Basics includes videos and printable documents, plus animation that shows what happens to the airways during an asthma episode.

To learn more, visit www.Lung.org/asthmabasics.

Everyone who completes Asthma Basics will receive a free asthma trigger checklist and reminder magnet! Have a question? Call the American Lung Association Lung Help Line at 1-800-LUNGUSA or 1-800-586-4872.

New Traffic Safety Event Calendar

Kansas Traffic Safety Resource Office (KTSRO) now has an interactive calendar that allows you to search through all the traffic safety events going on in Kansas and beyond!

From Child Passenger Safety (car seat) classes, to conferences to national campaigns. The calendar also allows you to search by category by clicking on the down

arrow on the top right corner. From there you can select which type of events you want to see. To check it out, visit <http://www.ktsro.org/events-calendar>.

Study: Medical Homes for Adolescents

Researchers recently studied the importance of the medical home for children with an emphasis on the adolescent population. As we know, adolescence is a unique period of physical, cognitive and psychological growth and change when many mental health disorders first emerge.

It would seem logical that adolescents would very well benefit from receiving care in a medical home to improve their well-being. This study measured rates of medical home attainment and its components for adolescents and subgroups that included those with

mental health disorders. Further, the study used the 2007 Survey of Children's Health as the primary data source.

Out of 45,897 adolescents ages 10-17 years, 54 percent of them had a medical home in the past year. Lower rates of medical home attainment were achieved by adolescents within ethnic minorities, low-income, uninsured groups, households that were non-English speaking and without at least some college education, and in individuals with mental health conditions as opposed to physical health

conditions.

The results of this study illustrate the need to strengthen adolescents' ability to access comprehensive quality health care. It would also seem efficacious to pursue efforts to improve effective care coordination and family-centered care to reach the goal of achieving higher quality of care for all children and adolescents, especially those who are disadvantaged and those with mental health conditions.

For more information, visit <http://childhealthdata.org/learn/NSCH>.

The National Day to Prevent Teen Pregnancy Quiz

Not sure how to get involved? Here are some easy things you can do to show your support:

- Take the National Day Quiz and encourage the teens in your life to take it as well.

- Use our National Day discussion guide to start a conversation about sex, love, relationships and teen pregnancy.
- Spread the word via social

media using our sample National Day Tweets and Facebook messages.

The National Day Quiz is available at www.stayteen.org/quiz/.

Teeth for Two

"A healthy mouth for baby begins with a healthy mouth for mom!"

Teeth for Two: An Oral Health Resource Guide for Those Who Serve Pregnant Women, will be introduced in workshops across the state. This is a companion to the Teeth for Tots guide and workshops that were done in 2010.

We appreciate your partnership in helping to create a healthier Kansas for our children.

If you have any questions, contact Kathy Hunt, RDH, Project Director Kansas Cavity Free Kids, Kansas Head Start Association at 785-458-9775 or khunt@ksheadstart.org.

Oral health educational resources for pregnant women and children, birth-five years are available for download at www.oralhealthkansas.org/educationalmaterials.html.

The workshops will be available in the following areas on the date and time as stated.

DATE	LOCATION	TIME	CONTACT	Register By:
June 3	Oakley	8:30 – 12:30	registration@nkesc.org	May 24
June 4	Hays	12:30 – 4:30	mptacek@usd489.com	May 24
June 6	Clay Center	9:00 – 1:00	debmcmcneilehs@yahoo.com	May 24
June 27	Wichita	1:00 – 5:00	mlove@childstart.org	June 20
July 10	Johnson County	12:30 – 4:30	marciamanter@gmail.com	July 3
July 15	Pittsburg	8:30 – 12:30	suec@sek-cap.com	July 8
July 16	Wyandotte County	12:30 – 4:30	marciamanter@gmail.com	July 10
July 19	Hutchinson	8:30 – 12:30	sawyerl@usd308.com	July 12
July 23	Dodge City	8:00 – 12:00	gemaehlich.kathy@usd443.org	July 16
July 24	Garden City	9:30 – 1:30	sortega@kcs.org	July 16
July 26	Lawrence	8:30 – 12:30	jpreston@ldchealth.org	July 19
July 29	Holton	9:00 – 12:30	crockhold@nekcap.org	July 22



KDHE
Bureau of Family Health
Children & Families

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Topeka, KS 66612

Phone: 785-296-1300
Fax: 785-296-4166
Email: cakin@kdheks.gov

Providing leadership to enhance the health of Kansas women and children through partnerships with families and communities.

[www.kdheks.gov/c-f/
index.html](http://www.kdheks.gov/c-f/index.html)

"The only way you may correct the bad things in your past is to add better things to your future."

~ Shiloh Morrison

Data Collection

Q.

We had a client come in for services and we knew this client had files already created in WebIZ and WebMCH. When we did a patient as well as MCH search this client no longer was found in the system. What happened to this client's data and what do we do?

A.

In this scenario, it is likely that the child has been adopted. According to State law if a client is adopted with a change in the child's name, the old records for the child under their birth name are deleted from the computer system. The next time the child comes in for a visit, you will need to create a new patient record.

Save the date!

The 24 Annual Statewide Summer Conference for Kansas School Nurses will be July 15-18 at the Hyatt Regency in Wichita. For more information and to register, visit <http://webs.wichita.edu/?u=conferences&p=/ksn/>.

2013 Kansas Conference on Poverty will be held July 17-19 at the Topeka Ramada. For more information, visit www.kacap.org.

The Kansas Public Health Association Fall Conference will be held September 17-19 at the Hyatt Regency in Wichita. For more information, visit www.kpha.us.

Save the date for the 2013 Kansas Immunization Conference will be October 15-17 at the Marriott in Wichita. Save the date information is available at www.kansasaap.org/wordpress/wp-content/uploads/2011/05/2013-Immunization-Save-the-Date.pdf.

Resources

Depression during and after Pregnancy Booklet The "Depression during and after pregnancy: A resource for women, their families and friends" (2006) booklet by the Health Resources and Services Administration (HRSA) provides information about perinatal depression and causes, risk factors, symptoms, diagnosis, treatment and effects on families. This resource is available at www.mchb.hrsa.gov/pregnancyandbeyond/depression/index.html.

volume 50 40 cents

The Retirement Times

LOOK WHO'S LEAVING KDHE!

Help us celebrate the 14 years of hard work and the retirement of

KEN MILLER

Friday, June 28th, 2013 from 2-4 p.m.
Crumbine Room 5th Floor
Curtis State Office Bldg
1000 SW Jackson, Topeka KS 66612